

Information for your Physician

Low back pain can hold you back from doing the things you love. Apart from the common cold, low back pain is the most common reason for visits to the primary care doctor. At some point in their lives, over 90% of adults are affected by low back pain.¹ Common symptoms of SI joint pain are sensations of lower extremity pain, numbness, tingling or weakness.

For more information about your SI Joint, visit www.sjointfixation.com

COMPLETE THE BELOW (check all that apply):

HISTORY

When did your pain start? _____

- Prior Incident
- buttock fall
- Car accident
- Twist/Lift
- Other _____
- Prior lumbar surgery
- Pregnancy

COMPLAINTS

- Lower back pain
- Lower extremity pain or numbness, tingling, weakness
- Pelvis, buttock pain
- Hip/groin pain
- Leg instability
- Disturbed sleep patterns due to pain
- Disturbed sitting patterns
- Pain going from sitting to standing

PREVIOUS TREATMENTS

- Physical therapy
How long did you receive treatment?

- Therapeutic injections
How much relief did you get from your pain?
How long did it last?

- Other _____

PHYSICAL LIMITATIONS

How far can you walk?

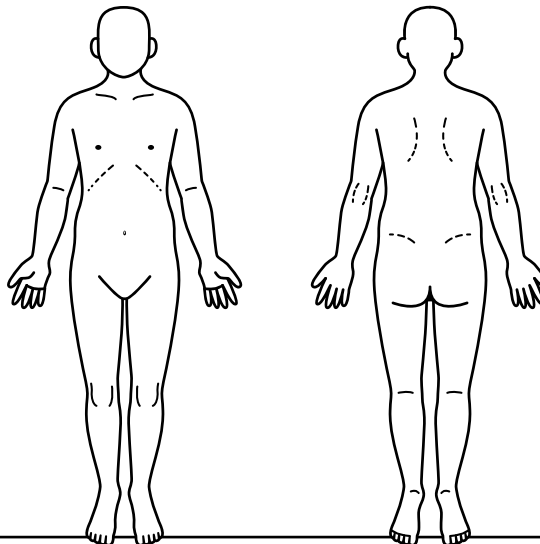
Can you walk up a flight of stairs?

What activities cause increased pain?

What activities relieve your pain?

WHERE IS YOUR PAIN?

Mark painful locations with an "x"



RATE YOUR PAIN

Circle the number of your pain

- 10 - Worst Pain**
- 9 - Severe**
- 8 - Intense**
- 7 - Unmanageable**
- 6 - Distressing**
- 5 - Distracting**
- 4 - Moderate**
- 3 - Uncomfortable**
- 2 - Mild**
- 1 - Minimal**
- 0 - No Pain**



Questions for your Physician

- Can my pain be coming from my SI joint?
- Are there non-surgical treatments for SI joint problems?
- Am I a candidate for SImpact SI Joint Fixation System?

Notes

SImpact[®] - SI Joint Fixation System

For more information about the diagnosis of the SI Joint, and clinical results, visit www.sijointfixation.com

1. N. Weksler, G. J. Velan, M. Semionov et al., "The role of sacroiliac joint dysfunction in the genesis of low back pain: the obvious is not always right," Archives of Orthopaedic and Trauma Surgery, vol. 127, no. 10, pp. 885–888, 2007.
 2. J. N. Sembrano and D.W. Polly, "How often is low back pain not coming from the back?" Spine, vol. 34, no. 1, pp. E27–E32, 2009.
 3.K.Kieswetter, Z. Schwartz, T. W. Hummert, D. L. Cochran, J. Simpson and B. D. Boyan "Surface roughness modulates the local production of growth factors by osteoblast-like MG-62 cells" The Journal of Biomedical Materials Research (1996): Web.